

FOREWORD

The Commonwealth Youth Programme has been involved in training since its inception in 1974. Two of its major areas of concern have been the needs of young people and leadership styles. It is therefore appropriate that this training pack focuses on those areas.

The development of the exercises included here took place in association with the Duke of Edinburgh scheme and they have been field tested by them in the Caribbean and Africa. Our thanks to the Duke of Edinburgh's Award International Association for their participation in this exercise.

We very much hope that you find the ideas and information contained in this document of beneficial use in the conduct of your programmes.

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